



St Thomas More Catholic Primary School

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	Week One	Week TWO	Week three
Monday	Local Butchers Sausage and Tomato Pasta Bake Cheese Pasta Bake (v) Corn on the Cob **** Mandarin and Pineapple Fruit Salad	Hot Pasta Bar Tomato & Basil (v) Or Tomato and Pepperoni Sauce Green Beans **** Strawberry Ice Cream Scoops with Pear slices	Homemade Chicken Korma Curry Quorn Pieces in Korma Sauce (v) Wholemeal Rice, Naan Bread **** Chocolate Ice Cream Scoops with Orange Slices
Tuesday	Pizza Bar with Pepperoni or Cheese & Tomato(v) Large Salad Bar *** Vanilla Ice Cream Scoops and Orange Slice	Smoked BBQ Chicken Kebab BBQ Quorn Kebabs (v) Rice, Roasted Veg **** Fruity Flapjacks	Local Butchers Beef Meatballs in a Rich Tomato Sauce, Quorn Meatballs(v) Pasta Runner Beans, **** Orange Fruit Jelly
WEDNESDAY	Local Butchers Roast Chicken Quorn Fillet(v) Yorkshire Pudding, Roast Potatoes Carrot and Cauliflower **** Apple Sponge Cake and Custard	All day breakfast, Local Butchers Pork Sausage Quorn Sausage (v) Bacon, Mushrooms, Hash Browns, Baked Beans, Scrambled Eggs **** Raspberry Jelly and Pineapple Pieces	Local Butchers Roast Chicken Stuffing Quorn Fillet (v), Yorkshire Pudding Roast Potatoes, Carrots and Peas Stuffing Balls **** Cherry Sponge Cake and Custard
Thursday	Local Butchers Beef Burger Veggie Burger (v), Cheese Slice Sweetcorn, Tortilla Chips, Tomato Sauce ***** Strawberry and Grape Fruit Salad	Chicken Goujon, Quorn Goujon(v), Herby Roast Potatoes, Sweet Chilli Sauce Carrots and Peas **** Cinnamon Cookies with Apple Slices	Chicken Burger in a Bun Veggie Burger(v), Lettuce and Mayo Sweetcorn and Tortillas, Salad Bar **** Pancakes, Chocolate Sauce and Bananas
Friday	Fish Finger Sandwich with chips and baked beans Jacket with Beans and Cheese (v) **** Chocolate Orange Muffins with Orange Slice	Fish Burger in a Bun with Tartar Sauce Veggie Burger in Brioche Bun (v) Chips Peas **** Sponge Cake with Jam and Coconut	Crispy Bubble Coated Cod Cheese Puffs (v) Chips Baked Beans **** Homemade Gingerbread Cake and Custard

****There is also the option of a Jacket Potato with a choice of fillings every day****



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Model for Work-life Balance

